U.S. SENATE SOFTENS 'BUY U.S.' PLAN, PG4

Metro Homes

A unique vase can spice up a room

pg 10

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Cops seize $4.6M in marijuana

ARRESTS A tip from a concerned neighbour led police to four homes where they seized $4.6-million worth of marijuana plants.

Police executed search warrants on the homes on Tuesday after a month-long investigation stemming from a tip. A total of 3,681 plants were seized from four homes, including one near a day-care.

Sgt. Steve Kelly said the drug bust was substantial.

"That is a lot of marijuana, so certainly it puts a little kink into the supply," he said.

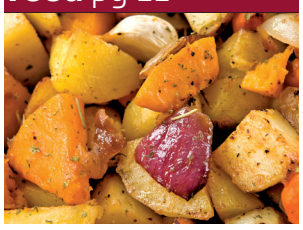
Xiao Qun Yu, 32, and Xing Hui Lin, 32, face 22 drug-related offences.

METRO CALGARY

Sports pg 7

CFL star Dickenson retires

Food pg 11



Time to roast some veggies

Business pg 6

40,000 jobs lost in January

Celebrity Buzz pg 14

Ex-manager Lufti suing Britney

ROBIN KUNISKI FOR / METRO CALGARY

Paul Hughes and Jeremy Pavka remove art from a location they had secured for a show, after four pieces, valued at about $800 each, went missing. The art show has now been shut down until further notice.

Theft closes show

Art exhibition forced to shut down after 4 pieces stolen

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Call it a sign of the times or a sign that Calgary really is a large metropolitan city. Either way, it's a disappointment that art was stolen from an exhibition, forcing it to fold, the curator said.

Paul Hughes, art director for the O1 Group Exhibition, said the theft of four pieces of art from O restaurant in Marda Loop forced the closure of the rest of the exhibit, which only debuted a week ago.

"There was a breach of security and to protect the other pieces of art, we really have no choice. It's really unfortunate," Hughes said, adding there were about 35 pieces of art by 18 artists in the show. He said the four pieces — two pieces each from two artists — were stolen sometime over the weekend during the exhibition.

"It's extremely rare and unheard of. I'm not sure if it's the sign of the times we're in, but it's not usually a normal occurrence in the city."
Paul Hughes, art director

He is hopeful video surveillance and police assistance will help recover the stolen items valued at more than $3,300.

"I think if someone is out there trying to sell art, it might be an indication. They are fairly unique pieces of art, quite large and brilliant," Hughes added.

At first, 22-year-old artist Jeremy Pavka said he was oddly flattered his two items were stolen.

"I was intrigued that someone enjoyed them enough to want to take them, but that novelty wore off and now I am thinking about the money," he said, adding he makes a living as an artist while he finishes his ACAD degree.

"That's how I pay the bills, and I guess it affects the pocketbook."

Calgary police say targeted art thefts are relatively rare in the city — there have been only two in the past year, not including this incident.

"It's extremely rare and unheard of," added Hughes. "I'm not sure if it's the sign of the times we're in, but it's not usually a normal occurrence in the city."

Landlord charged after fire deaths

ALICIA FOX
for Metro Calgary

HOUSE The landlord of a home where a fire killed three people in northwest Calgary late last month faces several charges relating to alleged breaches of safety conditions within the home.

Tiffany Cox, 19, Jonathan St. Pierre, 19, and Colleen Mantei, 23, died as a result of injuries sustained in the fire at 515 — 33 St. SW. The lack of an operating smoke detector and the installation of safety bars have been fingered as possible culprits leading to the deaths.

Alberta Health Services filed seven charges, including failure to ensure required smoke alarms were operational and in good repair at all times, and failure to ensure that security provided on bedroom windows could be opened from the inside without the use of tools or special knowledge.

Chad Beegan, with AHS Calgary, said there had been two previous complaints filed against the landlord: one in 1998, where no violations were found, and one in 2000, which the landlord remedied.

"You can only hope that some good comes from a tragedy like this," Beegan said, suggesting other landlords should take note of necessary safety measures.

Penalty

- Each of the seven charges filed against the landlord has a maximum penalty of $2,000.

ShareYourViews
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Free Daily News Group Inc., operating as Metro Calgary. 120, 3030 – 3 Avenue NE, Calgary, Alberta T2A 6T7. Publisher: Steve Shrout

Man dies after being pinned between cars
A man in his mid-50s died yesterday morning after he was pinned between two cars in the 1400 block of Lake Michigan Crescent SE. The man was pronounced dead on scene when EMS arrived. The traffic unit is investigating. METRO CALGARY

Local

Possible arson traps resident

Investigators are looking for arson suspects who started a fire outside an apartment at 1312 – 12 Ave. SW yesterday, trapping an elderly resident inside the suite. Police are concerned the suspects intended to harm the resident because she had no way to escape the fire. Anyone with information is asked to call police.

METRO CALGARY

Chamber leads way in wages

NEEDS The Chamber of Commerce has become the city's first Living Wage Leader after it committed to pay a living wage of $12 per hour with benefits.

It also committed to paying $13.25 per hour without benefits in an effort to make sure Calgarians can afford basic needs, according to board of directors chair Lois Mitchell.

"We are committed to addressing members' desire to improve Calgarians' quality of life, and we will lead by example," she added. METRO CALGARY

metronews.ca
What's online today.

Video Dave Dickenson speaks to reporters after announcing his retirement at **metronews.ca/sports**

Video Builders offer "try-before-you-buy" incentive to encourage home sales at **metronews.ca/local**

Lotteries

Lotto 6/49: 15, 16, 22, 31, 43 & 44 Bonus 32
These results are not official.

ROBIN KUNISKI/FOR METRO CALGARY

Fluctuating temperatures have led to potholes — which can form within a matter of hours — surfacing around the city. While city road crews are staying on top of major problem areas, the full-time patching won't begin until spring.

Perfect storm for potholes

ALICIA FOX
for Metro Calgary

With winter temperatures hitting both record highs and lows, potholes are already beginning to surface on city streets — even though we're still in for another six weeks of winter.

Kelsey Strachan with the City of Calgary roads department said the pavement is "being attacked from two different angles," with the frozen ground pushing upwards on the warming roads.

She said potholes can begin to form within a matter of hours when the ground begins to thaw, adding extreme temperature fluctuations don't help.

Although Strachan said they perform emergency repairs for potholes that can't wait, full-blown spring cleanup starts in April.

Roger Richard, manager of Associated Cabs, hopes the city follows through with its promise to fix potholes.

"Hopefully, they'll look after the potholes better than they looked after the ice and the snow," he said, adding his drivers have had some trouble with ice and snow buildup this winter.

Richard said because potholes are just starting to show up, he hasn't seen any particular issues with vehicle damage yet.

"There's no doubt that potholes are hard on the vehicle, but it's to be expected after real cold weather," he said.

Strachan said drivers should try to avoid potholes by safely switching lanes.

"If you do see a pothole, definitely call 3-1-1 and report it," she said.

Optimism floats with boat expo

Times are tough, but not in the boating business, says John Kittler, owner of Hyperactive Water Sports.

Prior to this weekend's Calgary Boating Expo, Kittler sold a $90,000 boat. He thinks the show will signal the launch of spring and bring optimism.

John Kittler

"I wouldn't want to work in a Ferrari dealership, where you're selling 'selfish' toys," he said. "Boating runs in a different category — the whole family can enjoy it. People are coming in our doors as much as ever before."

Kittler said the man who bought the $90,000 boat was going through a tough time. "He had lost some money in the stock market and things like that. But he said, 'You know what, life's too short,' and bought it anyway."

The Calgary Boating Expo runs Friday to Sunday at the Telus Convention Centre.

JENNIFER HILLIKER/
FOR METRO CALGARY

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Canada not ready to take in Gitmo prisoners: Immigration minister
Immigration Minister Jason Kenney yesterday denied a Globe and Mail report that Canada was close to accepting three Muslims from China's Uighur minority who are imprisoned at Guantanamo Bay. The men have been cleared of all charges, but remain in custody because no country is yet willing to take them in. **REUTERS**

Canada

Wood stoves on chopping block

In an effort to fight air pollution, Montreal city council is considering a bylaw that would prohibit wood-burning appliances — whether wood stoves or fireplaces — in all new residences or as replacements in existing homes. If approved, the bylaw will come into force by spring. The bylaw won't apply to commercial establishments, saving Montreal's famous wood-fired bagel.
TORSTAR NEWS SERVICE

New food-safety rules unsafe, veterinarians say

Poultry destined for dinner tables will pose a greater public health risk under new inspection protocols that allow slaughterhouses to inspect themselves, says a legal action filed by federal veterinarians against the Canadian Food Inspection Agency.

Under proposed changes to the country's inspection system, slaughterhouse workers will be responsible for monitoring duties now carried out by veterinarians.

A notice of application filed in Federal Court in Ottawa by the Professional Institute of the Public Service against the CFIA says it is "contrary to the public interest" to replace qualified independent veterinarians with unqualified people who are "not subject to public scrutiny."

"For slaughterhouse operators to watch for red spots or anything of the kind (on poultry carcasses) could have more serious ramifications," said Michèle Demers, president of the union representing veterinarians.

"It could have all kinds of things that a slaughterhouse operator doesn't have the expertise to make a judgment on."

Neither CFIA officials nor federal Agriculture Minister Gerry Ritz would comment.
TORSTAR NEWS SERVICE

Deregulation

- The change in inspection protocol is part of a larger move toward deregulated inspection of meat production in Canada.

Cherry can't save Ontario teen's job

CONTROVERSY Don Cherry tried to get 17-year-old Billy Steele's job back as a volunteer cameraman at an Oshawa, Ont., arena, but it was no dice, Cherry said yesterday. "We had a long talk. I did my best — that's all you can do."

Billy was banned by the arena from working there after he chatted with Cherry at an event three weeks ago.

Flaherty says he's not planning a fire sale

ECONOMY Canada will not sell off government assets at "fire sale" prices to raise funds, even as the country prepares to run deficits for the first time in more than a decade, Finance Minister Jim Flaherty said yesterday.
METRO NEWS SERVICES

Ottawa Day of Mourning

TRACEY TONG/METRO CANADA

Young protesters were among 800 people from across the country who attended the Day of Mourning yesterday at Parliament Hill in Ottawa to stop violence in Sri Lanka.

News in brief

TASER Sussex, N.B., RCMP used a Taser to subdue a New Brunswick woman who was allegedly wielding a knife while chasing her husband into a barber shop, CBC News Online reports. Stephanie Doucette, 30, appeared in court yesterday and faces several charges, including assault with a weapon and uttering death threats.
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Man who censored the Beatles from Cuban airwaves is dead

The man who banned the Beatles from Cuba's radio and television stations has died, state television said on Tuesday. Jorge "Papito" Serguera, who at the time was president of the Cuban Institute of Radio and Television, pulled Beatles music from the airwaves in the 1970s even though he later admitted he enjoyed listening to it in private. REUTERS

World

Earliest animal life found

Chemical traces left in 635-million-year-old rocks in Oman provide the earliest evidence so far of animal life, researchers said yesterday. The findings, published about a week before the 200th birthday of Charles Darwin, are also proof of the simple organisms the English naturalist said must have existed before evolving into more complex creatures. REUTERS

'Buy U.S.' plan to be softened

The U.S. Senate voted yesterday to soften a "Buy American" plan in its $900-billion stimulus bill after President Barack Obama expressed concern the original language could trigger a trade war.

Senators approved an amendment requiring provisions that upset Canada, the European Union and other trade partners be "applied in a manner consistent with U.S. obligations under international agreements."

The bill had required that projects funded by the stimulus package use only U.S.-made iron, steel and manufactured goods — potentially putting the U.S. in violation of its duties under NAFTA.

"I think it would be a mistake ... at a time when worldwide trade is declining, for us to start sending a message that somehow we're just looking after ourselves and not concerned with world trade," Obama said.

Canada's ambassador to the U.S., Michael Wilson, had urged Congress to drop the provision. REUTERS

Repercussions

- John Bruton, the EU ambassador to the U.S., told Reuters that approval of the measure would damage Obama's global leadership and could lead to protectionist measures worldwide.

Mumbai **Slums off-screen**

ARKO DATTA / REUTERS

Slum children, some of whom played minor roles in the Oscar-nominated film Slumdog Millionaire, pose yesterday at Nehru Nagar slums in Mumbai, where part of the film was shot. The movie's success has recently been overshadowed by protest in India over its name and portrayal of the lives of poor Indians.

News in brief

UNITED NATIONS Russia must do more to stop violence against minorities, torture by the police and army, murders of journalists and, recently, the killing of a human rights lawyer, delegates to the United Nations Human Rights Council said yesterday during a review process. REUTERS

Obama unveils executive pay caps for bailout corporations

ECONOMY U.S. President Barack Obama imposed new rules yesterday to rein in corporate pay, capping executive pay at $500,000 a year for companies receiving taxpayer funds and limiting severance fees paid to top officials.

"In order to restore our financial system, we've got to restore trust. And in order to restore trust, we've got to make certain that taxpayer funds are not subsidizing excessive compensation packages," said Obama, who has criticized Wall Street execs for accepting billions in bonuses.

The rules, which are not retroactive, would require companies that get exceptional government funds in the future to abide by the cap. REUTERS

At least 52 killed in north Sri Lanka

ATTACKS At least 52 civilians were killed by shelling in Sri Lanka's northern war zone, while a crowded hospital was hit again and Britain and the U.S. urged a ceasefire.

A UN spokesman said 52 were killed and 80 wounded in the area of Suthanthirapuramin. The Red Cross said the only hospital in the area has been evacuated after being hit for a fifth time in three days. At least 12 people have been killed.

Sri Lanka's military has encircled the separatist Liberation Tigers of Tamil Eelam and is confident it will soon win the war, in which 70,000 people have been killed since 1983. REUTERS

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Comment & Views

Comment

Smear politics driving away voters?

Home&Abroad

Andrew Cohen

Canada & world insight

If you were wondering about the decline of our politics — or, more precisely, why so few Canadians voted in the last general election — consider the story of Bill Casey, the long-serving, independent-minded member of Parliament from Nova Scotia.

Mr. Casey was elected from the riding of Cumberland-Colchester-Musquodoboit Valley in 1988. He lost his seat in 1993 but was returned in 1997. Until 2007, he was a Conservative, and, by all accounts, loyal, principled and conscientious.

He was drummed out of the party when he voted against the government's budget because he said it violated the Atlantic Accord. In the last election, the Conservatives chose another candidate and Mr. Casey ran as an Independent.

Fair enough. Parties drop members who refuse to vote the party line (though, notably, Michael Ignatieff permitted a clutch of his fellow Liberals from Newfoundland to cast a symbolic vote against the federal budget this week). Stephen Harper thought Mr. Casey disloyal, and expelled him from the caucus. Leaders do that.

REUTERS FILE PHOTO

Independent MP Bill Casey alleges he is a victim of a smear campaign by the federal Conservative party.

So Mr. Casey ran on his own. During the campaign, the local branch of the RCMP received a complaint that he had "embezzled" funds. He had not; the $30,000 in question, transferred to an account established for his campaign, had been returned to the party.

Curiously, the complaint came from the Conservatives, specifically, says Canwest News Service, from Diana Read-Miedema. She was the official agent of Joel Bernard, the Conservative candidate.

Mr. Casey says it was "an attempt to smear my reputation and my character." That's why he rose in the House of Commons the other day to clear his name.

He is so angry he promises to run again (he was re-elected with 68 per cent of the vote last year) although he had planned to retire. He thinks vindictive Conservatives at a higher level were trying to discredit him.

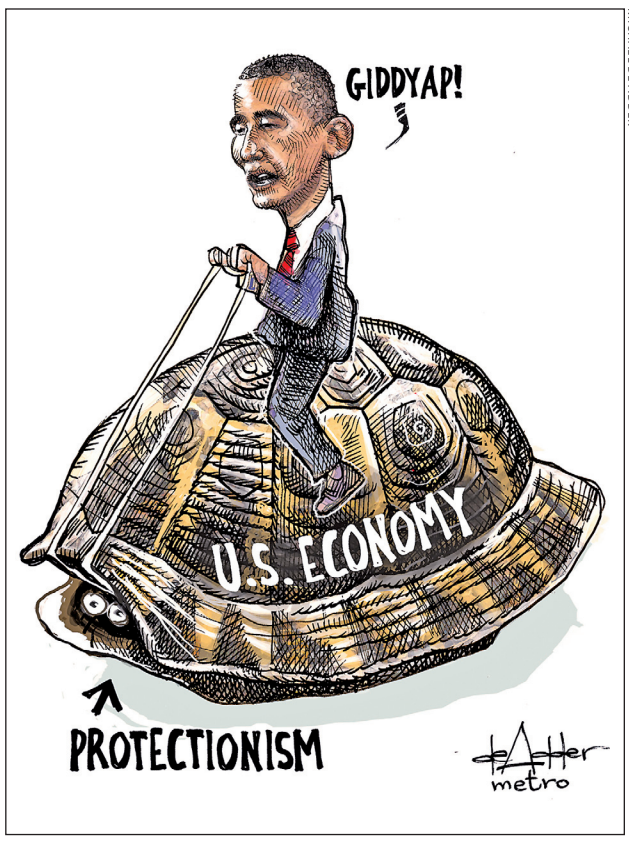
They say they weren't. The national party never had questions involving Mr. Casey's transactions, says spokesman Ryan Sparrow.

Incidentally, would that be the same Ryan Sparrow who was "suspended" by the Conservatives during the campaign for saying the father of a dead soldier who had criticized Mr. Harper on Afghanistan was a Liberal?

And would that not be the same campaign in which the Conservatives vilified Stéphane Dion — a decent man — in cartoons, mocked his English and ridiculed his proposed carbon tax?

See a pattern here? This is politics of fear and smear. No wonder Canadians aren't voting any more.

Andrew Cohen teaches journalism at Carleton University. He is the author of Extraordinary Canadians: Lester B. Pearson.



MICHAEL DE ADDER

Views

Atheist ads promote debate and understanding

Robert C. Fennell

Recently, it was announced that some atheists and the Freethought Foundation of Canada are planning to buy advertising space on Canadian transit systems with the message "There's probably no God." Several cities' transit systems, such as Halifax and Victoria, have already rejected the campaign.

Should this be allowed? I can't see how they can be denied the right to advertise. Such beliefs are already part of our cultural landscape — a landscape in which free speech and freedom of religion are highly prized. So long as these ads do not incite hatred, no enduring harm will result.

Christian objections to these transit ads, or the objections of any other religious tradition, run the risk of painting themselves into a corner. If I enjoy the freedom to celebrate publicly the existence of God — which I do — then non-religious beliefs should be permitted in public as well. If I forbid others to share their faith, or lack of it, I must be prepared to have the public expression of my faith forbidden. Such silencing on either side does nothing to advance understanding, compassion and reconciliation.

All religious belief is more convincing when we are willing to enter into debate and dialogue, rather than running away or shutting it down. This is certainly a time when we need dialogue to find deeper mutual understanding and respect.

If atheist advertising appears in Canada, religious groups need not overreact. The faith Christians, Muslims, Jews, Hindus and others have does not depend on everyone agreeing. After all, Canada has matured. Our many faith (and non-faith) traditions are all part of what makes Canadian culture interesting, vibrant, creative — and free.

Robert C. Fennell is a professor of Christian theology and history in Halifax.

It's your turn to tell others what you think. Email your thoughts and opinions to: calgaryletters@metronews.ca
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OPEC may cut output again

OPEC members could discuss a cut of around one million barrels per day at their March 15 meeting in Vienna, sources inside the organization say. It would be the fourth reduction since September, to total 5.2 million barrels per day in cuts. **REUTERS**

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January job losses pegged at 40,000

The carnage in Canada's labour market persisted in January as the recession forced layoffs across a wide array of industries, analysts say, predicting the worst multi-month string of job losses since the early 1990s.

Employers are expected to have cut 40,000 jobs in January in the third straight month of employment decline, according to the median forecast of analysts surveyed by Reuters.

They predicted the unemployment rate would jump to 6.8 per cent from 6.6 per cent in December, its highest level since June 2005.

If the forecasts are right, the economy will have shed 124,000 jobs from November to January — a magnitude of back-to-back job losses not seen since late 1991 and early 1992, according to Statistics Canada data.

Jobs were relatively safe in Canada through most of 2008, when the net gain in employment was about 80,000. That compared favourably with the United States, where employers slashed 2.6 million jobs last year.

But more recent anecdotal evidence shows the slowdown is setting in: stories of companies idling plants and cutting staff have since become daily fare in Canada, compounded by plunging confidence levels due to bad news coming from the U.S.

And the weakness now extends beyond manufacturing and forestry sectors to services as well, with analysts wary of guessing when the job market will hit bottom. **REUTERS**

Fewer hiring

- Businesses surveyed by the Bank of Canada in the fourth quarter said they thought hiring would decrease over the next 12 months.

RIM could settle stock option scandal

LEGAL Shares of BlackBerry-maker Research In Motion rose yesterday, ahead of a regulatory hearing that could see a settlement with the company's co-CEOs Jim Balsillie and Mike Lazaridis over their role in a controversy over the backdating of stock options.

The hearing with the Ontario Securities Commission to approve a deal is slated for today.

RIM shares rose 1.6 per cent to $69.36 on the Toronto Stock Exchange.

Analysts view RIM's internal review of options grants, and a subsequent $250-million earnings restatement related to errors in how options were granted, as disruptive but ultimately immaterial. **REUTERS**

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Barbie Hitting her golden years

MICHAELA REHLE/REUTERS

A young woman poses with a Barbie doll during the press preview of the 60th International Toy Fair in Nuremberg, Germany, yesterday. The world's most popular doll is turning 50 this year. More than 2,700 exhibitors from more than 60 countries will present their new toy products at the fair from today to Feb. 10.

Merchants caught in downturn

RETAIL Citing worsening business conditions, Hudson's Bay Co. announced it is slashing 1,000 jobs, or five per cent of its full-time workforce, to remain competitive.

The cuts, which HBC hopes will save $150 million a year, will not affect customer service in its 500 Bay, Zellers, Home Outfitters and Fields stores.

In the U.S., Costco Wholesale Corp. said it would miss sales expectations, while Macy's Inc. said earlier this week it would cut 7,000 jobs. **TORSTAR NEWS SERVICE**

In brief

ONLINE Google released software called Google Latitude that allows users of wireless devices to automatically share their location with contacts. Latitude is available on some phones in Canada. **REUTERS**

AIRLINE WestJet Airlines is poised to extend its overseas reach after it signed a pact with Air France-KLM to form a code-share agreement, which allows WestJet to sell tickets for flights on other airlines as its own. **TORSTAR NEWS SERVICE**

CUTS Time Warner Cable Inc. said it will cut 1,250 jobs, as it forecasts higher-than-expected profits in 2009. **REUTERS**

Rockies, A's make trade
The Colorado Rockies acquired outfielder Matt Murton from the Oakland Athletics yesterday for minor league infielder Corey Wimberly. Murton was among four players Oakland acquired from the Chicago Cubs in the Rich Harden trade last July. METRO NEWS SERVICES

Sports

Evidence against Bonds unsealed

A U.S. federal judge yesterday unsealed hundreds of pages of court documents at the heart of the criminal case against Barry Bonds, including positive drug tests that prosecutors linked to the home run king. They include a transcript of conversations regarding injecting the slugger, and a list of players like Jason Giambi, who are scheduled to testify for the U.S. government at Bonds' upcoming trial. METRO NEWS SERVICES

SPORTS@METRONEWS.CA

Dickenson hangs up cleats

DAN TOTH
for Metro Calgary

A series of concussions made a tough decision a little easier for Dave Dickenson.

The 36-year-old husband and father made his retirement from pro football official yesterday at McMahon Stadium, adamant that his life away from the game is more important than the risk of further injury.

"The time is right," said Dickenson, who lives in Calgary with wife Tammy and sons Cooper and Avery.

"I'm at peace with the decision and I feel privileged to have the career I've had. Everything went exactly like I wanted — I'm ending my career in the same place it started and we won a Grey Cup in my final year."

ANDY CLARK/REUTERS

Stampeders backup quarterback Dave Dickenson announced he will be retiring from professional football yesterday. Dickenson was the CFL's most outstanding player in 2000.

The Stampeders pivot claimed Grey Cups as Calgary's backup in 1998 and 2008, in addition to earning a Cup ring as a starter with the B.C. Lions in 2006. He played six of his 11 CFL seasons in Calgary colours.

Dickenson was named the Canadian Football League's Most Outstanding Player in 2000 before bolting to the NFL's San Diego Chargers. He returned to B.C. in 2003 before signing with Calgary last year.

"I'm at peace with the decision."
Dave Dickenson, retiring quarterback

Last season Dickenson completed five of nine passes for the Stamps before suffering the fourth concussion of his career in the annual Labour Day Classic against Edmonton. It was the last time he stepped on the field.

Dickenson could turn to coaching, although his future plans remain unclear.

His brother, Craig Dickenson, is the Stampeders' special teams coach.

Sports in brief

SOCCER David Beckham said for the first time yesterday that he would like to quit the L.A. Galaxy of the MLS and make a permanent move to AC Milan. The former Manchester United and Real Madrid midfielder added that he might want to end his career at Milan and that playing for them would enhance his chances of another World Cup with England in South Africa next year. "I have expressed my desire now to stay in Milan and hopefully the clubs can come to some agreement," Beckham, who is on loan with the Italian giants, told reporters. REUTERS

Beckham

NHL The head of the NHL Players' Association said yesterday that it may be time to consider a rule mandating helmet use during fights. While a majority of NHL players want fighting to remain a part of hockey, Paul Kelly feels his constituency is open to restrictions on how the gloves are dropped. Acknowledging the role fighting has in policing the game, Kelly added that so-called "staged fights" between two players with skills limited to chucking knuckles may no longer have a place in the game. METRO NEWS SERVICES

For more sports coverage, visit us online at www.metronews.ca/sports

Promotion of Boyd to top line makes sense

TheHockeyNews

It's nice to see the Calgary Flames give Dustin Boyd another chance on the top line with Jarome Iginla and Mike Cammalleri. For a couple of reasons.

First, it gives a 22-year-old blossoming player the opportunity to experience the game first-hand at the fastest and most intense level he has seen.

Boyd is approaching a crossroads in his young career. Even though he was a top scorer in the Western League with Moose Jaw (48 goals and 90 points in his final season), he probably doesn't have the pedigree or credentials to be a top-flight No. 1 center capable of generating 80-plus points a season.

Can he develop into a productive No. 2 center who will score in the 60-80 point range — kind of like a Daymond Langkow? Absolutely. But Boyd is going to need some quality ice time and some confidence-building linemates to make that happen.

Is there any better situation than playing with a consummate leader in Iginla and a flashy finisher like Cammalleri?

Heading into this season, Boyd had 61 games of NHL experience (16 points), mostly on the third or fourth line, averaging less than 10 minutes of ice time per game. In 2008-09, he received a solid stint of 15-plus minutes per game, but through half a season was at just over 13 minutes.

The second reason why it's a great idea to promote Boyd is it takes unproductive Matthew 'Too Bad' Lombardi off the top unit.

A terrific skater and high-energy player, 'Too Bad' is proving for the fifth year in a row he doesn't have the finish to play on the top two lines.

Stick 'Too Bad' on the third or fourth line, creating havoc with his speed and killing penalties. He's worthy of 10-12 minutes doing that rather than the 16-plus minutes he's receiving to score just five goals in 37 games.

That's why it has confounded me this season to see Boyd get pigeonholed as an energy or checking-line center, while 'Too Bad' took up time and space on the top unit and power play.

Turning Boyd into a productive asset now in his formative NHL years can only benefit him and the team down the road. And it's also making appropriate use of Lombardi.

The Hockey News
thn.com

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NBA Bosh hurt, Raptors lose

MIKE CASSESE/REUTERS

Kobe Bryant of the Lakers passes over Joey Graham in Toronto last night. The Raptors' Chris Bosh left the game in the fourth quarter with a right knee sprain. L.A. won the game 115-107.

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Andy The-Anh guest judge
Critically acclaimed Vietnam-born, Canadian-raised designer Andy The-Anh will be appearing as a guest judge on Project Runway Canada on Tuesday Feb. 10. The-Anh is well known for his impeccable suits and his stunning dresses. METRO NEWS SERVICE

Style

Glam up your mane

Whether you're going out to a romantic dinner or just staying in, bring a touch of elegance to your V-day 'do with Goody Luxe hair accessories. This collection is available in four styles, ranging from classic to modern: Deco, Antique, Vine and Starburst. The Goody Luxe collection, ranging in price from $4.99 to $7.99, is available in leading food, drug and mass-market retailers across Canada. METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

A study in contrasts

Sister behind Rodarte brand takes a break from NY fashion week preparations to dish on her works and inspirations

An ensemble from the Rodarte spring/summer 2009 collection. Sisters Kate and Laura Mulleavy, the designers who started the label, are known for their fantastical dresses.

KENYA HUNT
Metro World News

In three short years, Kate and Laura Mulleavy have gone from scrapping together enough money and resources to produce a collection of dresses to being the designers who the fashion world's coolest members love to namedrop.

Sonia Rykiel lists the sister act as young talents she admires, Karl Lagerfeld has purchased their clothes, and top magazine editors including Carine Roitfeld and Anna Wintour line up for their runway shows. You can't get a more ringing validation than that. But perhaps the most amazing aspect of their story is the paradoxical.

They create insanely beautiful, fantastical dresses — from their hometown, Pasadena, where they still with the 'rents.

"I'm lucky that I live with my parents. Many people have to cut back in this economy. But we've scaled back as far as we can go already," Mulleavy says.

And they actually prefer to wear trousers. "I hope we can get away from the expectation that a woman designer has to design for herself," she adds.

Mulleavy takes a break from her New York Fashion Week preparations to talk:

Q What are your earliest memories of fashion?

A I think I have a few. One is that my grandmother was an opera singer. I remember being in the house and seeing these costumes. The colors were amazing. And Kate would draw these elaborate costumes. It seemed foreign to me but it was so beautiful I was drawn to it. And the other is sitting down and watching old Cary Grant Catherine Deneuve movies with my mother.

Q Your work usually has an element of fantasy to it. Where does that come from?

A Well Kate and I were partners in crime when we were little; we were living in a fantasy world. We grew up in a magical setting in northern California surrounded by mustard fields, apple orchards and horse ranches. Everywhere you looked, you could have an imaginary world. We loved The Secret Garden and dressing up.

Q Your cultural references are always so rarefied, do you have any junk pop culture guilty pleasures?

A Everything! I love that show Top Chef, although it's not exactly a guilty pleasure since it's such a good show. And last season, our collection was about Star Wars too, which could be a guilty pleasure for a lot of people.

Q You are a favorite of fashion's major players, yet you don't seem "of" fashion. How did you manage that?

A I think it all came about by circumstance, we always wanted to be designers but we chose a different path. We went to UC Berkley. We didn't study design. We thought do you want to go to graduate school or move back home? The most logical thing was to move home and try to make it work. And we didn't see the need to move. The distance comes from that.

Q What is the inspiration for your upcoming fall collection?

A We have this superstition where we don't like to talk about what we're doing too much before it shows. That way we can be secluded with our ideas and thoughts. But I can tell you that last season was about the idea of a world of remnants — what would be left behind if you told a story about the future.

Q Are there any real life women who you find particularly inspiring?

A I've always loved women like Yoko Ono and Patti Smith or Eva Hesse, who defined the last 50 years of art. I love women that have a strong opinion or voice.

Acid wash returns

TRENDS It's kind of funny to see how many trends have surfaced from the worst of the '80s bin. First, harem pants (YSL made them beautiful and luxe, but the world still associates them with MC Hammer), then Bananarama style jumpsuits (YouTube them) and now — wait for it — acid wash denim.

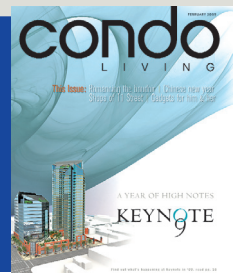
KENYA HUNT/
METRO WORLD NEWS

GlobalStyle

Kenya Hunt

Read Kenya, exclusively at metronews.ca/globalstyle and check out her blog at kenyastyle.com

Metro Homes



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EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Budding selection

Vases are so much more than a mere flower vessels

With the chilly currents of February stirring, you may find yourself indoors more than you would like. But not to worry — beautiful, unique vases in every shape, size and colour to complement your home, make staying in (and perhaps even inviting others to join you) more fashionable.

Functional when home to reeds or calla lilies, for instance, a simple vase can look deliciously sophisticated or just as gorgeous standing alone. They also come in handy for the thoughtful stems your sweetie just couldn't resist sending for Valentine's Day. Photographer Wil Andruschak turns his lens to the growing selection of vases available from local retailers to suit most tastes — from modern to traditional, ornate to unusual.

BY JULIA TEXTOR, PHOTOGRAPHY BY WIL ANDRUSCHAK FOR SOURCE MEDIA GROUP

Red-tipped vase. Available at Eisenbergs' Fine Furniture.

Picasso bottle vases, made of chiselled ceramic and glazed with a platinum finish. Available at Peridot.

Black lattice gelosia ball, Available at Eisenbergs' Fine Furniture.

Left: Teal Aero flat long neck vase. Available at Serendipity.

Tall metal stencilled cut-out vase. Available at Serendipity.

Red, black and white hand-painted flat vase, Available at Serendipity.

Left: Silhouette metal bowl vase with medallion. Available at Peridot.

Hand-blown striped vases. Available at Peridot.

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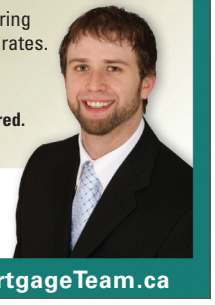

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Forget winter. Be a winner!
KitchenAid is reuniting with BakeSpace.com in February for the appliance maker's second online Appliance-a-Day Giveaway. This means that every day next month, foodies who visit the food social network can win premium appliances. Visit bakespace.com/kitchenaid. METRO NEWS SERVICES

Food

"To roast garlic with the vegetables, separate cloves (as many as you like) but do not peel. Toss with vegetables to roast."

Barb Holland/for Metro Canada

Compost

When done, squeeze garlic out of skins, discarding skins in the compost.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

These guys boast the best roast

À **la** carte

Barb Holland
Metro Food Writer

Roasting vegetables brings out their natural sweetness, maintains their bright colour and adds flavour you just don't get when you boil or steam them.

Use a large, shallow, preferably dark coloured roasting pan. Spread vegetables in a single layer, as overcrowding will steam rather than roast vegetables. If making a large amount, use two pans and rotate the pans partway through cooking. Stir occasionally.

The oven temperature can vary with whatever you might be cooking at the same time (a roast), from 325°F to 400°F (160°C to 200°C), just adjust cooking time accordingly. Many vegetables can be roasted at the same time, however denser vegetables will take longer than softer vegetables and the size of the pieces will also affect cooking time. Don't cut vegetables too small or they might burn rather than roast.

Roasted Root Vegetables

Vary the vegetables and amounts to your preferences. I like to give the potatoes a bit of a head start in the oven rather than parboiling them. Makes about 6 to 8 servings.

INGREDIENTS:

- 1 – 2 tbsp (15 to 30 ml) olive oil
- 2 to 3 medium all-purpose or Yukon Gold potatoes
- 2 tbsp (30 ml) olive oil
- 1 clove garlic, halved
- 1/2 tsp (2 ml) dried thyme leaves
- 1/4 tsp (1 ml) crushed dried rosemary leaves
- Pinch each coarse salt and pepper
- 2 to 3 carrots
- 2 to 3 parsnips
- 1 small butternut squash

METHOD:

Preheat oven to 325°F to 375°F (160°C to 190°C). Peel potatoes and cut into wedges or chunks. Toss potatoes with 1 tbsp (15 ml) oil, garlic, thyme, rosemary, salt and pepper. Place in a large, shallow heavy roasting pan. Roast 10 minutes.

You can roast potatoes, carrots, parsnips, brussels sprouts, sweet potatoes, rutabaga, fennel, beets, celeriac and onions.

Peel and cut remaining vegetables in 2-inch (5 cm) chunks. Toss carrots, parsnips and squash with remaining 1 tbsp (15 ml) oil and add to pan after potatoes have been cooking 10 minutes. Stir and roast until vegetables are tender and nicely browned, 45 to 60 minutes, stirring occasionally.

Other Vegetables: For something a little different, try roasting cauliflower. Cut cauliflower into florets, toss with olive oil and seasonings (as above) and roast until lightly browned and tender. Other winter vegetables that roast well are Brussels sprouts, sweet potatoes, rutabaga, fennel, beets, celeriac and onions.

Serve roasted vegetables as a side dish, or toss with cooked pasta and serve hot or at room temperature.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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Part 10
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Peter Rockwell

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Pizza picks

If you've ever been to Italy you know the way we treat pizza in Canada is a crime. Over there the combination of dough, tomatoes, mozzarella and toppings is an art form. Here, with some notable exceptions, our attempt at a good pie is a bore that takes an hour to deliver.

It drives me crazy because I love pizza (especially my wife's homemade creations) and there is nothing I enjoy more than a few slices washed down with a glass or two of vino. The best pick is a red with low acidity because the tomato sauce will bring more than enough to the party. Wines made from the Sangiovese grape (like those from Italy's Chianti region) are a classic match.

The **2007 Trapiche Malbec** ($8.65 - $10.90) from Argentina is a nice alternative especially if you are looking to drink on the cheap. Though enjoyable now, its blueberry fruit and youthful tannins could still use some time in the bottle to mellow.

I'm partial to Spanish Rioja with my pie and the soft, wild cherry fruit with a touch of wood spice that is the **2006 Campo Viejo Crianza** ($14.45 - $17.50) will have you reaching for another piece.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Ready for rush?

LunchRush

Blaine Schlechter

blaine.schlechter@metronews.ca

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Hours of operation: Mon – Fri (opens 11:30 a.m.), Sat (opens 5 p.m.), closed Sun
Rating: ⊕⊕⊕⊕
Price range: $$$$
Reservations: Recommended
Client negotiations: Yes
Lunch w/co-workers: No
Social Lunch: Yes
Quick solo lunch: No
Time in: 12:21 p.m.
Ordered: 12:27 p.m.
Food arrived: 12:39 p.m.
Time out: 1:13 p.m.
Total time: 52 minutes
Low $: Seasonal Greens, $9
High $: Three-Course Lunch, $38
Lunch menu: Yes, separate menu
Licensed: Yes

I opted for the appetizer of Roasted Pumpkin and Sage Risotto followed by the Swordfish.

When I created the Lunch Rush column, my idea was to cover all lunch options from hot dog stands to fine dining, and I feel I have been achieving this with one exception; the fine dining.

I will be the first to admit that I am a bit naïve when it comes to this level of dining. '"Which fork do I use" and "what the heck is that" all come to the top of my mind.

But it is time and so I choose the newly opened Rush restaurant for my foray. What a smart decision that was. Everything about Rush symbolizes fine dining.

It is spacious and includes a separate lounge (complete with open, marble bar), a large walk-in wine cellar that would make any sommelier drool with envy and private dining areas for small groups. The highlight would have to be the Chef's Table, a private seating area for eight that is located intimately in the kitchen, which puts you in the heart of the restaurant.

The lunch menu was mainly a fixed price menu consisting of a two- or three-course combination of appetizers, main dish and/or dessert. I chose the two-course lunch ($29) and opted for the appetizer of Roasted Pumpkin and Sage Risotto followed by the Swordfish. The meal was delicious and left me wanting to try more.

Rush is what I would call traditional fine dining with a touch of modernity. What impressed me were the little things that make it stand out. The tables have purse hooks, you get complimentary bread and a little appetizer and the salt and pepper comes in a bowl and spoon set. Even the tap water is filtered through an in house system and delivered to your table in a glass bottle.

Rush is made for power lunches and is even the type of place to which you take an out-of-town client for the purpose of impressing.

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Kanye West pens new book
Kanye West is writing a book. The Love Lockdown singer will document his recent Glow in the Dark Tour with a tome including behind-the-scenes photographs, concept art, his own commentary and a best-of CD. **FEMALEFIRST.CO.UK**

Entertainment

Song dispute

Rihanna and Michael Jackson are being sued for allegedly stealing the song Wanna Be Startin' Something, female-first.co.uk reports. Singer Manu Dibango claims they stole part of his song Soul Makossa. METRO NEWS SERVICES

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Jenn Grant finds her voice

The Derek Trucks **Band**

Album: Already Free
Label: Sony Music
Rating: ●●●●

AS GUITARIST FOR THE Allman Brothers Band, Derek Trucks is the true successor to slide legend Duane Allman. Trucks is unquestionably one of the great electric blues-rock guitarist in the business today and the solos here are the sort that set the hairs on the back of your neck on end. On this disc, Trucks takes his solo band in a southern R&B direction more in keeping with the old Electric Flag than the Allmans.

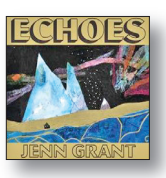
Graham Rockingham/for Metro Canada

Music**Reviews**

music@metronews.ca

Jenn **Grant**

Album: Echoes
Label: Six Shooter/Warner
Rating: ●●●●



WHEN HALIFAX-BASED chanteuse Jenn Grant released her critically acclaimed debut in 2007, much of Canada's music establishment thought they discovered another Feist. But while Orchestra for The Moon featured plenty of Leslie-like moments, her follow-up is definitely Grant all the way. Echoes is filled with quiet folk, soft, soothing vocals and even a memorable Neil Young cover (Only Love Can Break Your Heart). Although her tunes aren't as well executed as Feist's, she's definitely got something that could, one day, put her in the same league.

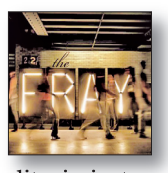
Bryan Borzykowski/for Metro Canada

IVAN OTIS PHOTO

Jenn Grant's new album Echoes was released this week.

The **Fray**

Album: The Fray
Label: Epic/Sony Music
Rating: ●●



IN AN IDEAL world, talent would equate with record sales, but we all know that reality is just a pipe dream. The Fray are one platinum selling act that prove bland, uninspiring tunes are all you need to sell records. On the band's third effort they produce watered down Coldplay-like piano ballads and thoughtless über-mainstream rock; perfect for Grey's Anatomy episode, but not so great for anyone who actually likes listening to music.

Bryan Borzykowski/for Metro Canada

Dierks **Bentley**

Album: Feel The Fire
Label: EMI
Rating: ●●●

DIERKS BENTLEY continues to work a successful formula — a blend of hard-drinking outlaw country rock for the crackers (Life On The Run), bedroom ballads for the womenfolk (I Wanna Make You Close Your Eyes) and some bluegrass banjo. The guitar jams are more extended, ballads more heartfelt and the pickin' a little prettier.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music by following links at metronews.ca/music

Batman producer off to Damascus

MOVIES Robert Stone's 1998 novel Damascus Gate, a political thriller involving a journalist and a group of extremists in modern-day Jerusalem, is being developed as a feature film. Charles Roven, the producer behind The Dark Knight, is developing the project with collaborator Richard Suckle. **REUTERS**

In **brief**

TV BET has acquired broadcast rights to Dough Boys, the debut film from Preston Whitmore's Give Back Raise Up Program, through which he finances and produces low-budget pictures showcasing newcomers in front of and behind the camera.

MOVIES Abby Kohn and Marc Silverstein, who wrote the screenplay for New Line Cinema's romantic comedy He's Just Not That Into You, have been signed to pen Valentine's Day for the studio. The love story revolves around five relationships in Los Angeles. **REUTERS**

Hollywood**Rants**

Steve Gow

Read his blog at metronews.ca

CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/5/09 primetime	267	351	- ACCESS	Truth, Duty, Valour		Law & Order: Criminal Intent		Eleventh Hour "Surge"		(10:01) Private Practice (N)		Truth, Duty
	243	317	3 CFCN	etalk	Hollywood	ER (HDTV) (N)		CSI: Crime Scene Invstgtn.		Grey's Anatomy (N)		News (N)
	-	-	4 OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Ugly Betty "Kissed Off"		Grey's Anatomy (N)		Practice
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	The Nature of Things (N)		Doc Zone (HDTV) (N)		CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	The Unit "Inquisition"		Bones (HDTV PA) (N)		The Office (N)	The Office	News Hour
	246	-	8 CKAL	Law & Order: SVU		Hell's Kitchen (N)		Ugly Betty "Kissed Off"		30 Rock	30 Rock	Your City
	119	705	9 CBXFT	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)		M pour musique (N) (SC)		Le Téléjournal et Les Nou		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News (N)	Hollywood	The Doctors		Big Bang Th	How I Met	CSI: Crime Scene Invstgtn.		Eleventh Hour
	-	374	14 KSPS	NewsHour With Jim Lehrer		Educating Spokane		Poirot "Problem at Sea"		New Tricks "Casualty"		Soundstage (N)
	502	390	15 CBC	CBC News: The National		Supercar (N)		CBC News: The National		CBC News: The National		Supercar
	-	370	16 KHQ	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Name Is Earl	Kath & Kim (N)	The Office (N)	30 Rock	(11:01) ER
	-	373	22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV PA) (N)		Hell's Kitchen (N)		News (N)
	297	652	37 WPIX	Supernatural (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Frasier
news	500	500	29 CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502	31 CNN2	Lou Dobbs Tonight		Nancy Grace		Showbiz Tonight		Lou Dobbs Tonight		Nancy Grace
sports	400	400	21 TSN	NHL Hockey	NHL Hockey Chicago Blackhawks at Calgary Flames. (HDTV) (Live)					SportsCentre	Motoring 2009	Strongman
	408	418	27 net	(6:30) NHL Hockey Edmonton Oilers at St. Louis Blues.				Sportsnet Con.	UFC: Access	Sportsnet Connected		Best-Sports
	410	403	30 SCORE	Poker: Million	Score Tonight		NBA Basketball Dallas Mavericks at Utah Jazz. (Live)					Final Score
	411	457	44 OLN	Mantracker		Bounty Hunter	Bounty Hunter	Survivorman		Mantracker		Bounty Hunter
	417	406	48 SPEED	Selection	Dave Despain on Assignment		Speed Performance Awards		NASCAR Media Day: 2009 Preview (HDTV)			
family	552	543	20 YTV	Drake & Josh	iCarly	H2O, Just Add	Prank Patrol	Malcolm-Mid.	Futurama	In The Real World		Falcon Beach
	557	541	39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	555	545	67 TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	Robot Chicken	Robot Chicken
cable variety	575	583	11 CMT	Reba	Reba	Hope & Faith	Hope & Faith	Dallas Cheerleaders		Home Improve.	Home Improve.	Reba
	553	546	17 TREE	Little Bear	Maggie-Beast	Comfy Couch	Rolie Polie Olie	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	-	-	18 CHTV	The Insider (N)	E! News	Name Is Earl	Kath & Kim (N)	*Ties That Bind* (2006, Suspense) Nicole de Boer.				News (N)
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	Style by Jury	Style by Jury	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House	Divine
	521	560	24 TLC	Street Customs (N)		Heli-Loggers (N)		Street Customs (HDTV)		Heli-Loggers (HDTV)		Overhaulin'
	603	561	25 FOOD	Unwrapped	Secret Life of	Family	Glutton-Punish.	Ace of Cakes	Ace of Cakes	Challenge		Unwrapped
	615	520	26 A&E	The First 48 (HDTV) (N)		The Beast "Infected" (N)		The Beast "Infected"		The First 48 (HDTV)		The First 48
	617	522	32 SHOW	Wife Swap		The Outer Limits		Love-Death	Love-Death	Trailer Park	Trailer Park	*Snakes*
	601	562	33 SLICE	Last 10	Last 10	The Biggest Loser "Duos"		ET Canada	Matchmaker	The Biggest Loser "Duos"		Trading Sp
	-	633	34 ENC2	(6:55) *This Is My Father* ★★★ (1998, Drama) Aidan Quinn.				*Scent of a Woman* ★★★ (1992, Drama) Al Pacino, Chris O'Donnell.				
	520	505	35 DISC	Destroyed	Destroyed	MythBusters		Daily Planet		Deadliest Catch		Destroyed
	620	523	36 BRAVO	*Flicker* (2008, Documentary) Premiere.			Footsteps	Law & Order		Without a Trace		*Opposite-Sex*
	294	650	40 WPCH	Friends	Friends	*The Cookout* ★ (2004, Comedy) Ja Rule.			Family Guy	Family Guy	Seinfeld	*The Cookout*
	626	547	41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	VIP
	-	539	42 TCM	*Miracle-Creek*		*Georgy Girl* ★★★ (1966, Comedy-Drama) James Mason.				*Fanny* ★★ (1961, Drama) Leslie Caron.		
	628	584	43 SPIKE	TNA iMPACT! (HDTV) (N)				CSI: Crime Scene Invstgtn.		MANswers	MANswers	Married... With
	522	516	45 HIST	Deep Wreck Mysteries		NCIS "Brothers in Arms"		Lost Worlds		Deep Wreck Mysteries		NCIS
	627	528	46 SPACE	Star Trek: Voyager		Chuck (HDTV) 3D		Stargate SG-1		Star Trek: Next Gener.		Trek: Voyager
	-	-	47 AMC	(6) *Twelve O'Clock High* ★★★★ (1949, War)				*October Sky* ★★★ (1999, Docudrama) Jake Gyllenhaal, Laura Dern.				
	619	525	49 TROP	What Happen?	What Happen?	Make or Break	Naked Fashion	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
	600	564	50 HGTV	The Fix	Disaster DIY	Home to Flip	Real Renos	Holmes on Homes		The Fix	Disaster DIY	Home to Flip
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	504	508	70 BNN	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	526	507	92 VIVA	Most Haunted		*Passion*	Homicide File	Psychic Inv.	Encounters	Judging Amy		Most Haunted
	269	350	93 APTN	Suaangan	Wapos Bay	By the Rapids	renegadepress	*Red Planet* ★ (2000, Science Fiction) Val Kilmer.				Rez Rides
	-	-	94 MCP	(6:30) News	News	Matchmaker	Mom's-Upset	Vancouver	Kahkashan	Dheeyan Ghar	Sadabahar	Desi-Mama
	571	581	100 MMM	Listed		Confessions of a Teen Idol		Listed		Party of Five		Confessions
	570	580	101 MM	America's Best Dance Crew		Punk'd	Punk'd	Video on Trial	Video on Trial	Punk'd	Punk'd	Video on Trial
	581	566	102 MTV	The Real World		Pete Doherty in 24 Hours		MTV Live	After	A Double Shot at Love		Pete Doherty

critics'corner

Flicker
The colors, man! This new documentary tells the story of artist and mystic Brion Gysin, who invented a device called the dream machine. Made from a light bulb, a simple motor and a rotating cylinder adorned with cutouts, it was designed to alter one's consciousness and stimulate visions without drugs. Singer Marianne Faithfull, rocker Iggy Pop, filmmaker Kenneth Anger and musician Genesis P-Orridge are among those interviewed about Gysin and his machine. 7 PM on BRAVO

30 Rock
The course of love never runs smooth, and that goes for infatuation, too. Liz (Tina Fey) wants to get to know her handsome new neighbor (Jon Hamm, "Mad Men"), but that proves easier said than done. Elisa's (Salma Hayek) grandmother doesn't approve of her relationship with Jack (Alec Baldwin) because he looks just like the villain in one of her soaps. Partying with the interns takes a toll on Tracy (Tracy Morgan) in the new episode "Generalissimo." 10:31 PM on KHQ

Simon in high-def
Simon Cowell uses special make-up to appear flawless on TV, femalefirst.co.uk reports. Cowell reportedly insists his make-up artist uses cosmetics which hide his imperfections on high definition TV. METRO NEWS SERVICES

Celebrity Buzz

Cruise says he's a big fan of car racing

INTERESTS Tom Cruise still feels the need for speed, people.com reports. The actor, 46, shares his love of NASCAR and racing in a new interview set to air Friday on ESPN2."For me as a kid growing up, I always wanted to race cars," says Cruise, who starred in the 1990 racing film Days of Thunder. NASCAR, he says, "is a very unique kind of racing that feels very American."

METRO NEWS SERVICES

Cruz plans karaoke for Oscar night

CELEBRATING Win or lose on Oscar night, best supporting actress nominee Penelope Cruz says she plans to celebrate after the show with karaoke, usmagazine.com reports. "I'm sure I will. You know I'm a big fan of karaoke," she said on the Ellen DeGeneres Show. "I have one at home," Cruz says. "I even do it alone sometimes." Her favorite song? "I do a lot of Eminem, Around the Outside," Cruz says. "That's one of my favorites. Yeah, but that (Oscar) night, whatever happens, (we're) going to have to do some karaoke."

METRO NEWS SERVICES

Former manager sues Britney and her parents

LAWSUITS Britney Spears' former manager Sam Lutfi is suing the singer and her parents, Jamie and Lynne Spears, for defamation and breach of contract, L.A. court documents show, people.com reports.

In the lawsuit filed Tuesday, Lutfi is also claiming libel, battery and intentional infliction of emotional distress. "Jamie and Lynne launched a campaign of lies and intimidation designed to destroy Lutfi and drive him out of Britney's life," the papers read.

"This campaign also provided Jamie with the opportunity he needed to obtain an appointment as Britney's conservator."

Additionally, the lawsuit alleges: "Despite seemingly accomplishing their objectives, Jamie and Lynne have nevertheless continued their smear campaign against Lutfi. Thus, having no other alternative, Lutfi brings this action to defend himself against Jamie's and Lynne's persistent attacks."

Last Friday, Britney's father obtained a new restraining order against Lutfi, accusing him of harassing the Spears family.

Lutfi, who says he became Spears' manager after the two met in an L.A. nightclub in 2007, claims his reputation was damaged by Lynne Spears' book, Through the Storm, in which she makes allegations about Lutfi's control over her daughter. He calls the allegations "lies and fabrication."

Lutfi's attorney, Bryan J. Freedman said in a statement Tuesday that there is "overwhelming evidence from independent witnesses" proving his client's case and that "at the time of the trial in this action, the jury will have an opportunity to weigh the credibility of the witnesses."

Lawyers for Jamie Spears weren't immediately available for comment.

METRO NEWS SERVICES

Four Aussie film stars to appear on stamps

HONOURS Nicole Kidman, Russell Crowe, Cate Blanchett and Geoffrey Rush all have Oscars in common, and now each member of the Australian quartet can boast another distinction: They all appear on special edition postage stamps in their native country, people.com reports. "Something like this — when you see your face on a stamp — says 'wow,'" Kidman, 41, told the BBC. She's particularly delighted that her children will one day "lick a stamp, put it on an envelope and say, 'That's my mum.'" Blanchett, 39, said the honour made her feel "utterly, deeply humbled ... I'm going to be licked by millions of Australians and I can't wait." The stamps show each star in two guises: In character for their Oscar-winning roles and as their glamorous selves. METRO NEWS SERVICES

Joaquin insists he's serious about his new music career

REINVENTIONS Joaquin Phoenix insists he's getting a bum rap, people.com reports. "There's not a hoax," Phoenix tells the Associated Press of doubts about his sudden conversation from movie star to hip-hop artist.

"Might I be ridiculous? Might my career in music be laughable? Yeah, that's possible, but that's certainly not my intention."

Questions about his intentions surfaced after the newly bearded Phoenix, 34, took the stage in Las Vegas on Jan. 16 in an ill-fated debut of his new career. A video of his performance shows him falling off the stage, though he says it looks worse than it was.

"I had a lot of dudes come up and say, 'We really respect you for doing it, putting yourself out there, and going with it,'" he says. "Because I think true hip-hop heads know that it's hard, it's going to be a hard transition, and people are going to be lining up just to make fun of me." METRO NEWS SERVICES

Is Madonna trying to make A-Rod jealous?

DATING Femalefirst.co.uk is suggesting that Madonna is reportedly dating a Brazilian model to make Alex Rodriguez jealous.

The 50-year-old singer, who has been romantically linked to Alex and Jesus Luz since her split from husband Guy Ritchie, is keen to show Alex what he is missing by not fully committing to her, the website reports.

A source told the New York Daily News newspaper: "Madonna likes to be in control, and she hasn't been able to completely control Alex yet.

"Jesus has been much more attentive than Alex recently. If A-Rod will commit to Madonna, then he'll win her affections. But it's not like he's giving her a diamond ring. Neither he nor Madonna is 100 per cent committed to each other yet."

Baseball player Rodriguez, 33, is furious Madonna has been spotted out with 22-year-old Jesus, claiming it has damaged his reputation. The source added: "Alex is well aware that Madonna is out and about with Jesus, and he isn't happy about it. It's embarrassing for him because he and Madonna have been so publicly linked, and now it looks like he's been dumped for a younger stud."

METRO NEWS SERVICES

Clarkson says she's not gay

RUMOURS Get it straight: Kelly Clarkson isn't gay, usmagazine reports. "I get that all the time," she tells AOL's pop culture news site, PopEater.com. "People are like, 'Are you secretly a lesbian? Because I'd really love it.'

"Lesbians tell it to me all the time," she goes on. "I'm like, 'I'm glad it works for you, and I wish I liked women like that because often times, men are very hard for me, but I happen to like boys.'" Clarkson goes on to say she "could never be a lesbian. I would never want to date (someone like) myself, ever. I'm a crazy person. I need some kind of stable, quiet man."

METRO NEWS SERVICES

Hilary strikes back at Faye

CATFIGHT Hilary Duff is set to reprise Faye Dunaway's legendary role as Bonnie in the indie remake of The Story of Bonnie and Clyde — and Dunaway is not pleased, usmagazine.com reports. "Couldn't they have at least cast a real actress?" Dunaway said last week.

Duff retaliated against Dunaway Tuesday. "I think that my fans that are going to go see the movie don't even know who she is, so you know…" she told E!. "I think it was a little unnecessary but I might be mad if I looked like that now too."

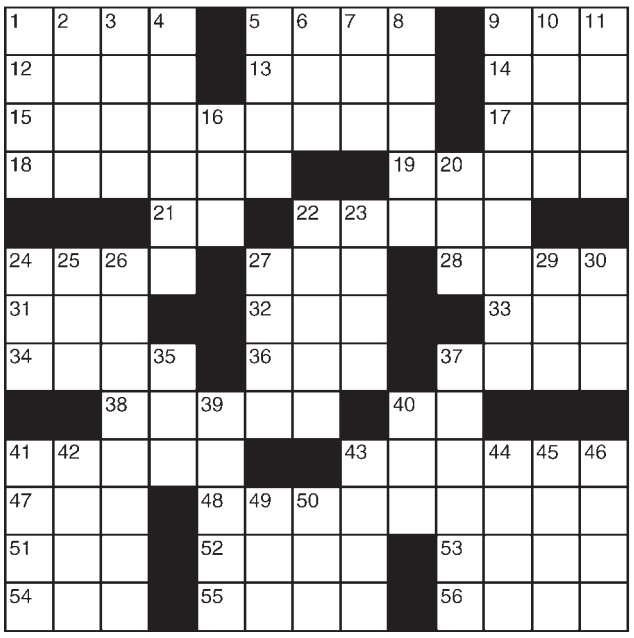
METRO NEWS SERVICES

Today Some clouds 8 C / -6 C
Friday Mostly cloudy 3 C / -5 C
Saturday Some clouds 4 C / -6 C

BT BREAKFAST TELEVISION

Andrew Schultz, Weather Specialist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 AM**

Take Five



Crossword across

1 Queequeg's captain
5 Chanteuse Edith
9 Scarlet 12 "Unforgettable" singer
13 Head light?
14 Overseas agreement?
15 Dentist's task
17 Bobby of hockey lore
18 Maintain meagerly
19 "Robinson Crusoe" author
21 Either's partner
22 Stair part
24 "Listen!"
27 Lapdog, for short
28 Weak, as an excuse
31 Carnival city
32 Prune
33 Train component
34 Clean Air Act target
36 Approves
37 Terrier type
38 Sail supports
40 Tagged player
41 Offer bait
43 Scents
47 Eggs
48 One of the Rushmore quartet
51 Obtain
52 Emanation
53 Facility
54 Indivisible
55 Get ready
56 Lento

Crossword down

1 Farm fraction
2 Coatrack feature
3 Burn remedy
4 Caused (oneself) to go
5 Excellent, in modern lingo
6 Author Fleming
7 Carte lead-in
8 Creases
9 Luggage holder, often
10 Franc replacement
11 Catastrophic
16 Contemptible canine
20 Sushi fish
22 Castles
23 Little devils
24 Store-front sign abbr.
25 Intention
26 Dorm companion
27 Whodunit basis
29 Spring period
30 Anteceding
35 Hiatus
37 Ranges
39 Guitar attachment
40 Rage
41 Not "for here"
42 Divisible by two
43 PDQ
44 Repast
45 Additionally
46 Ragout, e.g.
49 "— Town"
50 Raw rock

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

					1		7	
7	8				6	9		
	5		2			6		
	6			4	3		8	
2								3
	4		6	7			5	
		3			5		1	
		6	8				9	2
	2		3					

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

A	S	A	P	■	L	O	S	■	M	O	D	E
M	A	L	A	■	I	A	M	■	A	F	A	R
O	F	F	S	H	O	R	E	■	E	F	T	S
K	E	A	T	O	N	■	L	E	S	S	E	E
■	■	■	A	P	E	■	L	E	T	T	■	■
I	D	O	■	I	S	M	■	K	R	A	F	T
T	U	F	T	■	S	O	T	■	O	G	R	E
S	O	F	A	S	■	B	U	B	■	E	Y	E
■	■	S	K	I	S	■	N	U	S	■	■	■
T	S	H	I	R	T	■	E	M	P	I	R	E
A	E	O	N	■	O	F	F	S	I	D	E	S
S	M	O	G	■	L	O	U	■	L	E	A	P
K	I	T	S	■	E	E	L	■	L	A	D	Y

5	9	2	1	8	4	7	3	6
1	6	3	7	9	2	4	5	8
7	8	4	3	6	5	2	9	1
2	7	1	6	4	3	5	8	9
3	5	9	8	7	1	6	2	4
8	4	6	2	5	9	3	1	7
4	1	7	5	2	8	9	6	3
9	2	8	4	3	6	1	7	5
6	3	5	9	1	7	8	4	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Middle Eastern Zucchini and Onion Eggah

INGREDIENTS:
1/3 cup (75 ml) olive oil
2 onions, thinly sliced
2 garlic cloves, finely chopped
4 large eggs
1/3 cup (75 ml) 1% milk
1/3 cup (75 ml) chopped fresh flat-leaf parsley or coriander
2 tbsp (25 ml) chopped fresh dill (optional)
1 large zucchini, halved lengthways, then thinly sliced
Chili sauce or harissa (optional)

METHOD:
1. Heat 1 tbsp (15 ml) oil in large frying pan with flameproof handle over medium heat. Add onions and stir 3 minutes, then add garlic and continue frying for 2-3 minutes, stirring occasionally, until onion is soft and golden brown.
2. Meanwhile, beat eggs, herbs and milk together in large bowl. When onions are golden, stir into egg mixture.
3. Heat 2 tbsp (25 ml) oil in pan. Add zucchini and gently fry 5 minutes, stirring frequently, until tender and lightly browned. Add zucchini to egg mixture.
4. Add remaining oil to pan and swirl around to coat edge. Pour in eggs and zucchini, using spatula to spread mixture out. Leave eggah to cook 8 minutes, shaking pan occasionally, until egg mixture is almost set and only a small amount of unset mixture remains on surface. Meanwhile, preheat grill to high and position grill shelf about 4 in. (10 cm) from heat.
5. Place pan under grill and grill eggah 2–3 minutes until surface is just set. Run spatula around edge and invert onto large platter. Serve immediately or set aside and leave to cool. Serve cut into wedges, sprinkled with chili sauce or harissa, if you like.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Being resentful will only do you harm. It's your turn to be taken care of, after you've exhausted yourself. An obstinate friend will help you out.

TAURUS ♉
APRIL 21-MAY 21
Things won't change just because you were told they would. You'll see the other side of a very sad story. Don't let your particular talents atrophy.

GEMINI ♊
MAY 22-JUNE 21
Neglect of safety precautions causes an accident. Nothing changes your mind about your values. Modify a faltering relationship without being cruel.

CANCER ♋
JUNE 22-JULY 22
All you want is respect and consideration. After intense dialogues, an issue will be resolved. Find a happy medium.

LEO ♌
JULY 23-AUG 23
When shady characters want another chance, just say no. Take a stand with unappreciative people. Don't let a wounded ego injure the innocent.

VIRGO ♍
AUG 24-SEPT 22
Avert crisis by not responding to malicious comments. Fear of the unknown causes withdrawal. Don't rescue anyone who needs to stand on their own.

LIBRA ♎
SEPT 23-OCT 23
Indecision makes someone feel like a martyr. Revisit the scene of a crime to clear up a misunderstanding. You'll get the best results from talking it out.

SCORPIO ♏
OCT 24-NOV 22
People cringe when you speak your mind. Insecurity due to a forced change will frustrate you. Some harsh facts will hit an alienated friend too hard.

SAGITTARIUS ♐
NOV 23-DEC 21
An angry man says the wrong thing about your opinions. Someone's need for affection is a problem. Keep track of all the issues that cause insomnia.

CAPRICORN ♑
DEC 22-JAN 20
Handle overwrought emotions with extreme care. You'll work harder to complete tasks. Don't ask what love can do for you, but what you can do for love.

AQUARIUS ♒
JAN 21-FEB 18
Allow yourself to be sentimental if the urge arises. You'll seek understanding because of a moral dilemma. Be kind when some big plans come to a halt.

PISCES ♓
FEB 19-MARCH 20
Veer away from discord when a man interferes with your enjoyment. Your determination will help you to succeed. Stand firm if an injustice takes place.

TELL METRO READERS WHAT YOU THINK
NEW "COMMENT & VIEWS"
Whether you agree or disagree about anything you've read in Metro, we want to know.
Send us your views and pick up Metro daily to find out what other Metro readers are saying.
Email your letters to
calgaryletters@metronews.ca
metro Do it daily.

This day in history

FEB. 5, 1597: A group of early Japanese Christians are killed by the new government of Japan for being seen as a threat to Japanese society.
FEB. 5, 1917: The Congress of the United States passes a law, over President Woodrow Wilson's veto, banning most Asian immigration to the United States.
FEB. 5, 1919: Charlie Chaplin, Mary Pickford, Douglas Fairbanks, and D.W. Griffith launch United Artists.
FEB. 5, 1958: A hydrogen bomb known as the Tybee Bomb is lost by the U.S. Air Force off the coast of Savannah, Ga., never to be recovered.

METRO NEWS SERVICES

WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. VP Biden's hard punches (1)
2. Retain Dickens clerk Uriah (1)
3. Rip up food in a loaf (1)
4. Currier's partner flourishes (1)
5. Certain train's artist's stands (2)
6. Gooey detachable shirtfront (2)
7. Foiling wooing (2)

ANSWERS
1. JOBS BLOWS 2. KEEP HEDP 3. SHRED BREAD 4. IVES THRIVES
5. DIESELS EASELS 6. STICKY DICKEY 7. THWARTING COURTING

2-5-09

you could

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1 of 6 over sized diamond "Circle Of Life" empowerment necklaces

The Right Hand Gal ™

Casual Diamond Jewelry

IN THEATRES FEBRUARY 6

Go to **metronews.ca** and take Metro's Sex & Relationship columnist Josey Vogels' quiz to find out which *he's just not that into you* character you are most like and you could **WIN!**

No purchase necessary. One entry per person. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes February 10, 2009. Approximate retail value of prize is $599 each. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca.

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